

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend CR - Coffee Room MR - Media Room DR - Dining Room PR - Promenade Room L - Library / PW - Prestonwood Billiard Room C - Conference Room Transportation in Blue Special Events in Red Medical appointments can be scheduled Tuesday & Thursday from 10-2pm. Please submit requests 2 days in advance. 		1 10:00 Walmart / Target 11:30 Line Dancing w/ Cici *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR 	2 9:00 Fitness Class w/ Ernesto *DR 11:00 Independence Day Celebration w/ Tonya Rekemeyer *Bratwurst & More At The Pool 4th of July Sale w/ Debi Strine *CR 	3 11:30 Yoga Class w/ Michelle *DR In Observance of Independence Day The Office Will Be Closed	4 11:00 Crafts w/ Linda *DR 3:00 Mexican Train *PR 4:00 4th of July Resident Potluck (RVSP & List What You're Bringing! Meatloaf & Apple Pie!) 
6 11:00 Champagne Brunch w/ Red White & Blue French Toast Casserole *DR 1:00 Trader Joe's 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR	7 10:45 Water Aerobics w/ Deb 1:30 Patriotic Bingo w/ Vicki from Care Crew *DR 1:30 Mahjong *MR	8 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check *DR 4:00 Wine Down Wednesday Happy Hour Hosted by AmeriLife *DR	9 11:00 Fitness Class w/ Ernesto *DR 3:00 Mr. Quizter Trivia w/ Charlette *MR  AMERILIFE	10 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:30 Cards Games *MR 6:00 American Treasures W/ Plano Symphony Orchestra's Young Artist Competition Winners Outing \$20 (billed to your account)	11 9:00 Hams Peach Orchard Outing (Peaches, BBQ, & More) 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Mike & Nick & Nick & Alice (Action Comedy) Rated R *MR 3:00 Mexican Train *PR
13 10:30 Discussion w/ Kingdom Seekers - "The BEATITUDES" w/ Annette Johnson *PR 1:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR	14 10:45 Water Aerobics w/ Deb 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Current Events w/ Lizzie Home Instead *DR 	15 10:00 Walmart / Target 10-3 Yes Hearing *C 12:00 Midweek Muscle w/ Charlette *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR 5:00 Dinner with the Directors Outing - Location TBA	16 11:00 Fitness Class w/ Ernesto *DR 4:00 Cheese the Day - Cheesecake Bar Learn More About Our Referral Program 	17 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 Dimassi's Mediterranean Buffet in Richardson Outing 1:30 Cards Games *MR 4:00 Bam Sparkle Cheer Celebrating 250 Years Happy Hour w/ Home Well (Historical Facts & Treats) 7:00 Blank Slate *DR	18 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Rental Family (Drama Rated PG-13 - Subtitles) *MR 3:00 Mexican Train *PR
20 1:00 Market Street 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR	21 10:45 Water Aerobics w/ Deb 12:00 Harris Jewelry Repair *DR 1:30 Music Bingo w/ Nicole Stay In Home Care *DR 1:30 Mahjong *MR 4:00 Technology 101 *DR	22 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR	23 11:00 Fitness Class w/ Ernesto *DR 5:00 Ruby Weston Jazz Recital (Performance Only) *DR	24 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 National Medal of Honor Museum Outing Admission \$25 & \$20 Veterans (pay at venue) 1:30 Cards Games *MR	25 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee: Is This Thing On? (Comedy/Drama Rated R) *MR 3:00 Mexican Train *PR
27 10:30 Kingdom Seekers - HEART TO HEART PRAYER w/ Jill Cione *PR 1:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR	28 10:45 Water Aerobics w/ Deb 1:00 Mary Kay Sale w/ Amanda *CR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 What's Happening in August (Early Sign Up) *DR	29 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR	30 11:00 Fitness Class w/ Ernesto *DR 5:00 Entertainment Hour w/ Norris Perry (Performance Only) *DR	31 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:30 Cards Games *MR 4:00 Birthday Bash *DR 7:00 Blank Slate *D	IMPORTANT NOTICE Transportation schedule will vary TEMPORARILY during July. Please reference to the calendar. Men's Bible Study will be taking a break for the summer and will resume at a later date.

July Movie Series

Saturdays at 2 PM
Media Room

July 11

Mike & Nick & Nick & Alice
- Action Comedy (Rated R)
Two friends navigate the dangerous world of organized crime, testing their loyalty and survival skills as they get deeper into the criminal underworld.



July 18

Rental Family - Drama
(Rated PG-13) w/ Subtitles
Struggling to find purpose, an American actor (Brendan Fraser) lands an unusual gig with a Japanese agency to play stand-in roles for strangers. As he immerses himself in his clients' worlds, he begins to form genuine bonds that blur the lines between performance and reality. Confronting the moral complexities of his work, he soon rediscovers purpose, belonging, and the quiet beauty of human connection.



July 25

Is This Thing On? - Comedy Drama (Rated R)
Facing middle age and an impending divorce, Alex finds new purpose in the New York comedy scene, while his wife, Tess, confronts the sacrifices she made for their family.



Events continued ...

The program also features selections from William Grant Still's powerful Symphony No. 1, Afro-American Symphony. Join us for an inspiring evening showcasing rising young artists and rich orchestral color. Tickets \$20 (billed to your account). Deadline 7/7.

Bam Sparkle Cheer Celebrating 250 Years Happy Hour w/Home Well (Historical Facts & Treats) Friday, July 17th at 4pm in the dining room - Celebrating America's 250th all month! All are welcome to attend. How much do you know about the history of America? Let's find out together!

National Medal of Honor Museum Outing on Friday, July 24th at 1:00PM - Admission \$25 & \$20 for Veterans (pay at the venue)
Voted the #1 Best New Museum in America in the USA TODAY 10 Best Readers' Choice Awards, the museum that honors the inspiring lives and legacies of ordinary Americans who took extraordinary action in the service of others. Self-guided & lunch is optional at museum cafe.



Check Out More Photos On Our Facebook Page!



Water Aerobics w/ Deb Tuesdays At The Pool
Every Tuesday at 10:45AM
In the case of bad weather, classes will be canceled.
Tuesday Strength & Balance Class will resume in the fall. All other indoor exercise classes will continue as scheduled.



HAM PEACH Orchards

Don't let this tiny shack fool you! This family owned business has been around since 1979. The farm market store has a plethora of items to choose from, which include, fresh peaches & produce, baked goods (their fried pies being one of many treats), souvenirs, fudge, and their famous peach ice cream. Blackberries can be picked right off the bramble (by weight), if you love berries! Not to forget, there's BBQ, that can be enjoyed underneath the pavilion out back. Trip will be on **Saturday, July 11th, leaving at 9am**, hoping to beat the heat and the crowds. Bring your insulated bags if you'd like to bring cold items back. Terrell, TX is a little over an hour away. Sign up to reserve your spot!

Independence Day Celebration w/ Tonya Rekemeyer - Thursday, July 2nd at 11am at the pool
We'll be serving bratwurst & more by the pool alongside great entertainment by Tonya R. Wear your red, white, and blue! If the weather is too hot, festivities will be held indoors.

4th of July Resident Potluck (Meatloaf & Apple Pie) - Saturday 7/4 at 4pm in the dining room
Although the office will be closed on Friday, there will be a resident led Potluck at 4pm in the dining room on the holiday. A special thank you to HomeWell, that will be providing apple pies for everyone to enjoy at the potluck. Atlas Point will provide the meatloaf, bring your favorite dish to go along with it! RSVP is required, please list what you'll be bringing on the sign-up sheet.

Champagne Brunch w/ Red White & Blue French Toast Casserole - Monday, July 6th at 11AM
The breakfast we all look forward to every month, we a little more sweetness added to it!

Patriotic Bingo w/ Vicki from Care Crew - Tuesday, July 7th at 1:30PM
Additional prizes and refreshments will be served.



"American Treasures" PSO 2026 Community Concert Outing Friday, July 10th - Leaving at 6PM
Conducted by Plano Symphony Orchestra Assistant Conductor Simon Gollo, Experience the remarkable talent of the 2026 Collin County Young Artist Competition winners performing in this dynamic concert. *Events continued on the back page.*

3033 E. Hebron Pkwy, Carrollton, TX 75010 | 469.210.3033

Atlas Point Staff

Tonia Hillis - Community Manager
Kelli Lindsay - Assistant Manager
Charlette Lee - Life Enrichment Coordinator / Driver
Mercedes Vazquez - Maintenance Supervisor
Yenny Urdaneta - Housekeeping

Atlas Point Directory

Atlas Office | 469.210.3033
Salon by Maryam | 469.471.8117
Blair's Nail Salon | 214.450.8421
Transportation Line | 469.381.7042 *NEW*
Maintenance Emergency - Follow Prompt
Please Note: Text messaging may not be available for all phone numbers.